

THE SUMMIT CULTURAL HERITAGE CENTER OF



PRESENTS

FAMILY & FRIENDS: AROUND THE WORLD

Take a bit of the **Philippines** home with you and make cultural connections

HERE'S WHAT YOU NEED:

DINNER ENTRÉE: PORK/CHICKEN ADOBO (CASSEROLE) (THE NATIONAL DISH)

Ingredients:

½ kilo pork cut in cubes and/or 1/2 kilo chicken cut into pieces
1 head garlic, minced
½ yellow onion, diced
½ cup soy sauce

1 cup vinegar
2 cups water
1 teaspoon paprika
5 laurel leaves (bay leaves)
4 tablespoons cooking oil or olive oil

Method:

In a big pan, heat 2 tbsp. of oil then sauté the minced garlic and onions. Add the pork and/or chicken, 2 cups of water, ¼ cup soy sauce, vinegar, paprika, and bay leaves. Bring to a boil. Cover and simmer for 30 minutes or when meat is tender. Add cornstarch dissolved in water to thicken. Add salt and pepper, if desired. Bring to a boil and simmer for 5 minutes. Serve on hot white rice. Firm tofu may be added.

UNIQUE CUSTOMS AND TRADITIONS:

- Christmas trees and other decorations are put up as early as September.
- Simbang Gabi or Misa de gallo is the novena devotion preceding Christmas wherein people hear mass daily at 5:00AM starting December 16th.
- When receiving any gift for any occasion, one may not open it in the presence of the giver.

BACKGROUND MUSIC SUGGESTIONS:

Traditional Philippine music has a strong Spanish influence and is often accompanied by the guitar or banduria (a mandolin-like native instrument). Music is ingrained in the culture and the love of music is seen in the widespread ability to play instruments by ear without formal training. All over Asia, Philippine bands performing in hotels, clubs, etc. are known for their talents.

SIMPLE DIALOGUE TO TRY OUT (PHONETIC LANGUAGE):

Hello! How are you? *Kamusta ka?* I am _____: *Ako ay si* _____ Thank you! *Salamat!*

KEY FACTS YOU SHOULD KNOW:

- Consisting of more than 7,000 islands, the coastline of more than 22,000 miles is the 5th longest in the world.
- Population of 90 million, predominantly Catholics. Pilipino is the national language but English is the medium used in education and in the mass media.
- Rainforests and extensive coastlines make it home to a diverse range of birds, plants, animals, and sea creatures. Around 1,100 land vertebrate species can be found in the Philippines including over 100 mammal species and 170 bird species not thought to exist elsewhere.
- The national economy of the Philippines is the 47th largest in the world, with an estimated 2008 GDP (nominal) of over US \$166.9 billion. Primary exports include semiconductors and electronic products, transport equipment, garments, copper products, petroleum products, coconut oil, and fruits.
- Its unit of currency is the Philippine peso (PHP).
- The Philippines has a tropical climate and is usually hot and humid.
- The Philippines has been called the "Texting Capital of the World" because of its sophisticated cellular phone industry and its extraordinary number of cell phone users.

WEBSITES FOR RESOURCES: www.wikipedia.com